

2022 年運動休閒與餐旅管理國際學術線上研討會

專題演講 提問 Q&A

2022 International E-Conference of Sport, Leisure and Hospitality Management Keynote Speech Q&A

演講者：Khoo Phaik Lin Selina 教授

演講題目：COVID-19 對身心障礙者身體活動之影響

Keynote Speaker：Dr. Khoo Phaik Lin Selina

Topic：COVID-19 and Physical Activity for Persons with Disabilities

1. What kinds of assistance can we provide to carers of persons with disabilities with the impact of the COVID-19 pandemic?

If related to physical activity, we could provide access to activities and facilities for persons with disabilities. We should also help persons with disabilities to be more active at home including those who do not have internet access. For those with internet access, digital technology can be used to tailor programmes for persons with disabilities.

2. Adaptive sports are important for health. Could you state which countries do well in this area as good examples?

Lakeshore Foundation in the US has many activities for persons with disabilities:
<https://www.lakeshore.org/>

Can also check Activity Alliance in the UK:
<https://www.activityalliance.org.uk/>

3. Could you recommend any sports technology intervention for persons with disabilities in Post-COVID era?

Disability Sports Coach has activity card that can be downloaded and Zoom sessions.

<https://disabilitysportscoach.co.uk/dscathome/>

4. What precautions must be alert when we introduce physical activities for persons with disabilities?

Important considerations are the abilities of persons with disabilities and their specific barriers.